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To the magic fairies  
Jill, Meagan, Erin, and Madeline

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## AUTHOR'S NOTE

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The following book is based on sixty interviews conducted over three years, most of which were recorded on video and/or audio and then transcribed by a third party. The events represented are primarily the product of mutual recollection and discussion. Hundreds of medical files, legal documents, journals, and published reports were used as source material in reconstructing personal history. Every effort was made to corroborate memory with fact and in significant instances where that was not possible, it is noted in the text. (Go to [nightofthegun.com](http://nightofthegun.com) for more information concerning methodology.) All of which is not to say that every word of this book is true—all human stories are subject to errors of omission, fact, or interpretation regardless of intent—only that it is as true as I could make it.



It is quite a common thing to be thus annoyed with the ringing in our ears, or rather in our memories, of the burden of some ordinary song, or some unimpressive snatches from an opera. Nor will we be the less tormented if the song in itself be good, or the opera air meritorious. In this manner, at last, I would perpetually catch myself pondering upon my security, and repeating, in a low undertone, the phrase, "I am safe."

One day, whilst sauntering along the streets, I arrested myself in the act of murmuring, half aloud, these customary syllables. In a fit of petulance, I remodeled them thus:

"I am safe—I am safe—yes—if I be not fool enough to make open confession!"

—EDGAR ALLAN POE, "THE IMP OF THE PERVERSE"



# PART ONE

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## GUN PLAY

Sure as a gun.

—DON QUIXOTE

The voice came from a long distance off, like a far-flung radio signal, all crackle and mystery with just an occasional word coming through. And then it was as if a hill had been crested and the signal locked. The voice was suddenly clear.

“You can get up from this chair, go to treatment, and keep your job. There’s a bed waiting for you. Just go,” said the editor, a friendly guy, sitting behind the desk. “Or you can refuse and be fired. Friendly but firm.

The static returned, but now he had my attention. I knew about treatment—I had mumbled the slogans, eaten the Jell-O, and worn the paper slippers, twice. I was at the end of my monthlong probation at a business magazine in Minneapolis; it had begun with grave promises to reform, to show up at work like a normal person, and I had almost made it. But the day before, March 17, 1987, was Saint Patrick’s Day. Obeisance was required for my shanty Irish heritage. I twisted off the middle of the workday to celebrate my genetic loading with green beer and Jameson Irish whiskey. And cocaine. Lots and lots of coke. There was a van, friends from the office, and a call to some pals, including Tom, a comedian I knew. We decided to attend a small but brave Saint Patrick’s Day parade in Hopkins, Minnesota, the suburban town where I grew up.

My mother made the parade happen through sheer force of will. She blew a whistle, and people came. There were no floats, just a bunch of drunk Irish-for-a-days and their kids, yelling and waving banners to unsuspecting locals who set up folding chairs as if there were going to be a real parade. After we walked down Main Street accompanied only by those sad little metal noisemakers, we all filed into the Knights of Columbus hall. The adults did standup drinking while the kids assembled for some entertainment. I told my mom that Tom the comedian had some good material for the kids. He immediately began spraying purple jokes in all directions and was wrestled off the stage by a few nearby adults. I remember telling my mom we were sorry as we left, but I don’t remember precisely what happened after that.

I know we did lots of “more.” That’s what we called coke. We called it more because it was the operative metaphor for the drug. Even if it was the first call of the night, we would say, “You got any more?” because there would always be more—more need, more coke, more calls.

After the Knights of Columbus debacle—it was rendered as a triumph after we got in the van—we went downtown to McCready’s, an Irish bar in name only that was kind of a clubhouse for our crowd. We had some more, along with shots of Irish whiskey. We kept calling it “just a wee taste” in honor of the occasion. The shot glasses piled up between trips to the back room for line after line of



coke, and at closing time we moved to a house party. Then the dreaded walk home accompanied by the chirping of birds.

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That's how it always went, wheeling through bars, selling, cadging, or giving away coke, drinking like a sailor and swearing like a pirate. And then somehow slinking into work as a reporter. Maybe it took a line or two off the bottom of the desk drawer to achieve battle readiness in the morning, but hey, I was there, wasn't I?

On the day I got fired—it would be some time before I worked again—I was on the last vapors of a young career that demonstrated real aptitude. Even as I was getting busy with the coke at night, I was happy to hold the cops and government officials to account in my day job. Getting loaded, acting the fool, seemed like a part of the job description, at least the way I did it. Editors dealt with my idiosyncrasies—covering the city council in a bowling shirt and red visor sunglasses—because I was well sourced in what was essentially a small town and wrote a great deal of copy. I saw my bifurcated existence as the best of both worlds, no worries. But now that mad run seemed to be over. I sat with my hands on the arms of the chair that suddenly seemed wired with very strong current.

There was no time to panic, but the panic came anyway. *Holy shit. They are on to me.*

The editor prodded me gently for an answer. Treatment or professional unallotment? For an addict the choice between sanity and chaos is sometimes a riddle, but my mind was suddenly epically clear.

“I'm not done yet.”

Things moved quickly after that. After a stop at my desk, I went down the elevator and out into a brutally clear morning. Magically, my friend Paul was walking down the street in front of my office building, looking ravaged in a leather coat and sunglasses. He hadn't even beaten the birds home. I told him I had just been fired, which was clinically true but not the whole story. A folk singer of significant talent and many virulent songs about the wages of working for The Man, Paul understood immediately. He had some pills of iffy provenance—neither he nor I knew much about pills—maybe they were muscle relaxers. I ate them.

Freshly, emphatically fired, I was suffused with a rush of sudden liberation. A celebration was in order. I called Donald, my trusty wingman. A pal from college, he was tall, dark, and compliant, a boon companion once he got a couple of pops in him. We had first met at a crappy state college in Wisconsin, where we tucked dozens of capers under our belts. We had been washed down a mountain in the Smokies inside a tent, created a campfire out of four stacked picnic tables at Wolf River, and casually taken out picket fences and toppled mailboxes during road trips all over Wisconsin. Our shared taste for skipping classes in lieu of hikes, Frisbee, and dropping acid during college had been replaced by new frolics once we both moved on to Minneapolis.



We worked restaurant jobs, pouring and downing liquor, spending the ready cash as fast as it came in. “Make some calls!” became the warm-up line for many a night of grand foolishness. We shared friends, money, and, once, a woman named Signe, a worldly cocktail waitress who found herself wanly amused by the two guys tripping on acid one night at closing time at a bar called Moby Dick’s. “Let me know when you boys are finished,” she said in a bored voice as Donald and I grinned madly at each other from either end of her. We didn’t care. He was a painter and photographer when he wasn’t getting shit faced. And at a certain point, I became a journalist when I wasn’t ingesting all the substances I could get my hands on. We were a fine pair. Now that I had been fired for cause, there was no doubt that Donald would know what to say.

“Fuck ’em,” he said when he met me at McCready’s to toast my first day between opportunities. The pills had made me a little hinky, but I shook it off with a snort of coke. Nicely prepped, we went to the Cabooze, a Minneapolis blues bar. Details are unclear, but there was some sort of beef inside, and we were asked to leave. Donald complained on the way out that I was always getting us 86’d, and my response included throwing him across the expansive hood of his battered ’75 LTD. Seeing the trend, he drove away, leaving me standing with thirty-four cents in my pocket. That detail I remember.

I was pissed: Not about losing my job—they’d be sorry. Not about getting 86’d—that was routine. But my best friend had abandoned me. I was livid, and somebody was going to get it. I walked the few miles back to McCready’s to refuel and called Donald at home.

“I’m coming over.” Hearing the quiet menace in my voice, he advised me against it; that he had a handgun.

“Oh really? Now I’m coming over for sure.”

He and his sister Ann Marie had a nice rental on Nicollet Avenue in a rugged neighborhood on the south side of Minneapolis, not far from where I lived. I don’t remember how I got there, but I stormed up to the front door—a thick one of wood and glass—and after no one answered, I tried kicking my way in. My right knee started to give way before my sneaker did any damage. Ann Marie, finally giving in to the commotion, came to the door and asked me what I was going to do if I came in.

“I just want to talk to him.”

Donald came to the door and, true to his word, had a handgun at his side. With genuine regret on his face, he said he was going to call the cops. I had been in that house dozens of times and knew the phone was in his bedroom. I limped around the corner and put my fist through the window, grabbed the phone, and held it aloft in my bloody arm. “All right, call ’em, motherfucker! Call ’em! Call the

goddamn cops!” I felt like Jack Fucking Nicholson. Momentarily impressed, Donald recovered long enough to grab the phone out of my bloody hand and do just that.

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When we met again through the glass of the front door, he still had the gun, but his voice was now friendly. “You should leave. They’re coming right now.” I looked down Nicollet toward Lake Street and saw a fast-moving squad car with the cherries lit, no siren.

I wasn’t limping anymore. I had eight blocks to go to my apartment, full tilt all the way. Off the steps, ’round the house, and into the alleys. Several squads were crisscrossing. *What the hell did Donald tell them?* I thought as I sprinted. I dove behind a Dumpster to avoid one squad coming around the corner, opening up a flap of jeans and skin on my other knee. I had to hit the bushes and be very still as the cops strafed the area with their searchlights, but I made it, scurrying up the back steps to my apartment in a fourplex on Garfield Avenue. I was bleeding, covered in sweat, and suddenly very hungry. I decided to heat up some leftover ribs, turned the oven on high, and left the door of it open so I could smell the ribs when they heated up. And then I passed out on my couch.

Every hangover begins with an inventory. The next morning mine began with my mouth. I had been baking all night, and it was as dry as a two-year-old chicken bone. My head was a small prison, all yelps of pain and alarm, each movement seeming to shift bits of broken glass in my skull. My right arm came into view for inspection, caked in blood, and then I saw it had a few actual pieces of glass still embedded in it. So much for metaphor. My legs both hurt, but in remarkably different ways.

Three quadrants in significant disrepair—that must have been some night, I thought absently. Then I remembered I had jumped my best friend outside a bar. And now that I thought about it, that was before I tried to kick down his door and broke a window in his house. And then I recalled, just for a second, the look of horror and fear on his sister’s face, a woman I adored. In fact, I had been such a jerk that my best friend had to point a gun at me to make me go away. Then I remembered I’d lost my job.

It was a daylight waterfall of regret known to all addicts. It can’t get worse, but it does. When the bottom arrives, the cold fact of it all, it is always a surprise. Over fifteen years, I had made a seeming organic journey from pothead to party boy, from knockaround guy to friendless thug. At thirty-one, I was washed out of my profession, morally and physically corrupt, but I still had almost a year left in the Life. I wasn’t done yet.

In the pantheon of “worst days of my life,” getting fired was right up there, but I don’t remember precisely how bad it was. You would think that I would recall getting canned with a great deal of acuity. But it was twenty years ago.

Even if I had amazing recall, and I don’t, recollection is often just self-fashioning. Some of it is reflexive, designed to bury truths that cannot be swallowed, but other “memories” are just redemption myths writ small. Personal narrative is not simply opening up a vein and letting the blood flow toward anyone willing to stare. The historical self is created to keep dissonance at bay and render the subject palatable in the present.

But my past does not connect to my present. There was That Guy, a dynamo of hilarity and then misery, and then there is This Guy, the one with a family, a house, and a good job as a reporter and columnist for *The New York Times*. Connecting the two will take a lot more than typing. The first-draft version of my story would suggest that I took a short detour into narcotics, went through an aberrant period of buying, selling, snorting, smoking, and finally shooting cocaine, and once I knocked that out well, all was well.

The meme of abasement followed by salvation is a durable device in literature, but does it abide the complexity of how things really happened? Everyone is told just as much as he needs to know, including the self. In *Notes from Underground*, Fyodor Dostoevsky explains that recollection—memory, even—is fungible, and often leaves out unspeakable truths, saying, “Man is bound to lie about himself.”

I am not an enthusiastic or adept liar. Even so, can I tell you a true story about the worst day of my life? No. To begin with, it was far from the worst day of my life. And those who were there swear it did not happen the way I recall, on that day and on many others. And if I can’t tell a true story about one of the worst days of my life, what about the rest of those days, that life, this story?

Nearly twenty years later, in the summer of 2006, I sat in a two-room shack in Newport, a town outside of the Twin Cities, near the stockyards where Donald now lived and worked at a tree farm. He was still handsome, still a boon companion. We hadn’t seen each other in years, but what knit us together—an abiding bond hatched in reckless glory—was in the room with us.

I told him the story about the Night of the Gun. He listened carefully and patiently, taking an occasional swig out of a whiskey bottle and laughing at the funny parts. He said it was all true, except the part about the gun. “I never owned a gun,” he said. “I think *you* might have had it.”

This is a story about who had the gun.



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## POSSESSION

Who by now could know where was what? Liars controlled the locks.

—NORMAN MAILER, *THE ARMIES OF THE NIGHT*

I am not a gun guy. That is bedrock. And that includes buying one, carrying one, and, most especially, pointing one. I've been on the wrong end a few times, squirming and asking people to calm the fuck down. But walking over to my best friend's house with a gun jammed in my pants? No chance. That did not fit my story, the one about the white boy who took a self-guided tour of some of life's less savory hobbies before becoming an upright citizen. Being the guy who waved a gun around made me a crook, or worse, a full-on nut ball.

Still, there it was: "I think *you* might have had it."

We were not having an argument, we were trying to remember. I had gone to his house with a video camera and a tape recorder in pursuit of the past. By now the statutes were up, no charges in abeyance, no friendship at stake.

Donald is not prone to lies. He has his faults: He has wasted a gorgeous mug and his abundant talent on whiskey and worse, but he is a stand-up guy, and I have seen him bullshit only when the law is involved. Still, I know what I know—Descartes called it "the holy music of the self"—and I believe that I was not a person who owned or used a gun. The Night of the Gun had stuck in my head because it suggested that I was such a menace that my best friend not only had to call the cops on me but wave a piece in my face.

I didn't hold it against him—Donald was far from violent, and maybe I had it coming. I doubt that he would have shot me no matter what I did. But now that memory lay between us. Sort of like that gun.

Memories are like that. They live between synapses and between the people who hold them. Memories, even epic ones, are perishable from their very formation even in people who don't soak their brains in mood-altering chemicals. There is only so much space on any one person's hard drive, and old memories are prone to replacement by newer ones. There's even a formula for the phenomenon.

$$R = e^{-\frac{t}{s}}$$

In the Ebbinghaus curve, or forgetting curve,  $R$  stands for memory retention,  $s$  is the relative strength of memory, and  $t$  is time. The power of a memory can be built through repetition, but it is the memory we are recalling when we speak, not the event. And stories are annealed in the telling, edited by turns each time they are recalled until they become little more than chimeras. People remember

what they can live with more often than how they lived. I loathe guns and, with some exceptions, the people who carry them, so therefore I was not a person who held a gun. Perhaps in the course of transforming from That Guy to This Guy, there is a shedding of old selves that requires a kind of self-induced Alzheimer's.

In this instance, the truth didn't seem knowable. At best, there was a note on a long-lost precinct nightly sheet about some lunatic at Thirty-first and Nicollet. In the matter of the gun, Donald and I are both unreliable witnesses, given the passage of years and our chemical résumés. But Ann Marie was there. I called her in the midst of my attempt to report something in dispute. She said that she remembers me showing up in a state of complete agitation, but nothing about a gun. Then again, she said, "I didn't exactly stick around." Perhaps her brother or I had the decency not to wave one around in her presence. The change in custody of the weapon made no sense. It's true that I was fully involved in the drug lifestyle at the time, buying and selling coke, but weapons were not part of my corner of that scene.

Bat-shit crazy or not, the weight of a large-caliber handgun in your hand is not something you're likely to forget. I've held a few as a cop reporter, and I was always stunned by how dense and formidable a gun felt. As I thought about it, I realized I would have had to walk over to his house with one jammed in my pants. I'm not obsessed with my own privates, but I'm not one to point a pistol at them, either.

Donald was the first person I went to see when I decided to put my own memories up against those of others. By turns, it became a kind of journalistic ghost dancing, trying to conjure spirits past including mine. Donald was my first stop because he was and is incredibly dear to me. And if I were being honest, I thought that addiction, which had come close to killing me, would take him out, and I would miss my shot. He was plenty lucid and hilarious while we talked, but the bottle was winning over the longer haul, exacerbated by a methadone habit that served as a rubber band, always pulling him back to that same terrible place. (Sometimes addiction seems more like possession, a death grip from Satan that requires supernatural intervention. Absolution from end-stage chemical obsession tends to force otherwise faithless men to their knees.)

Other mysteries would pile up as I made my way, but the Night of the Gun stuck with me. Maybe Donald didn't know what he was talking about. Perhaps his memory was even more compromised than my own. Those were very busy days—I was on the run a lot—but I remember some of it with a great deal of acuity.

In that same year, near the end of 1987, I got in a fight with my girlfriend. The last time we had fought, I ended up going to jail because I assaulted her, so this time I was smart enough to call my friend Chris to pick me up. Chris was one of the saner people I knew, and I used to call him whenever I got in a jam. That night, I called him for a ride, threw my stuff in some garbage bags, and fled out the back of my apartment. It's the kind of thing you see on *Cops*—I was even shirtless, to add to the verisimilitude. Chris was and is a kind man, and he never seemed to run out of patience with me. As I panted in the cab of that truck, he told me everything would be OK even though we both knew better.

In the summer of 2007, a year after I talked with Donald about the gun, I went to New Orleans to see Chris. He is now a professor of creative writing at Loyola University and the godfather to one of my children. Sitting in his backyard, we caught up on family stuff, and then I asked him about that night.

“I remember showing up,” he said. “I had this GMC pickup truck. You put the garbage bags in the back, and that was it.”

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Then he said something else: “I went back into your place once you’d taken off. You sent me back to get a gun that you’d left there...”

Oops.

“You were worried about the cops going through the place, and so you’d asked me to go back and get some things that you had stashed. You had, I think, a .38 special,” he said evenly. “I don’t know where you got it. It was toward the very end, and you were starting to act real...”

He didn’t finish the sentence, but he didn’t have to.

“Yeah, you did have one—for I don’t know how long,” he said. “Somewhere in the closet, up above the shelf or something. And up above the refrigerator you had some drug paraphernalia or something, and you wanted me to just go there and clear out anything that would be incriminating.”

Given that Chris was able to describe where the gun was stashed in the closet of my apartment near Donald’s house, it probably happened the way Donald remembers it. It started to ring some distant, alarming bell. Oh yeah, my gun. Maybe so.

But if I was wrong about the gun, what else was I wrong about?



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