

STUFF WHITE PEOPLE LIKE

Christian Lander



**RANDOM HOUSE
TRADE PAPERBACKS**



Stuff

THE DEFINITIVE GUIDE

White

TO THE UNIQUE TASTE

People

OF MILLIONS

Like



Christian Lander

RANDOM HOUSE TRADE PAPERBACKS  NEW YORK

Contents

[Title Page](#)

[Dedication](#)

[1 Coffee](#)

[2 Religions Their Parents Don't Belong To](#)

[3 Film Festivals](#)

[4 Assists](#)

[5 Farmer's Markets](#)

[6 Organic Food](#)

[7 Diversity](#)

[8 Barack Obama](#)

[9 Making You Feel Bad for Not Going Outside](#)

[10 Wes Anderson Movies](#)

[11 Asian Girls](#)

[12 Nonprofit Organizations](#)

[13 Tea](#)

[14 Having Black Friends](#)

[15 Yoga](#)

[16 Gifted Children](#)

[17 Hating Their Parents](#)

[18 Awareness](#)

[19 International Travel](#)

[20 Being an Expert on Your Culture](#)

[21 Writer's Workshops](#)

[22 Having Two Last Names](#)

[23 Microbreweries](#)

[24 Wine](#)

[25 David Sedaris](#)

[26 Manhattan \(and Now Brooklyn, Too!\)](#)

[27 Marathons](#)

[28 Not Having a TV](#)

[29 '80s Night](#)

[30 Wrigley Field](#)

[31 Snowboarding](#)

[32 Veganism/Vegetarianism](#)

[33 Marijuana](#)

[34 Architecture](#)

[35 The Daily Show with Jon Stewart / The Colbert Report](#)

[36 Brunch](#)

[37 Renovations](#)

[38 Arrested Development](#)

[39 Netflix](#)

[40 Apple Products](#)

[41 Indie Music](#)

[42 Sushi](#)

[43 Plays](#)

[44 Public Radio](#)

[45 Asian Fusion Food](#)

[46 The Sunday New York Times](#)

[47 Liberal Arts Degrees](#)

[48 Whole Foods and Grocery Co-ops](#)

[49 Vintage](#)

[50 Irony](#)

[51 Living by the Water](#)

[52 Sarah Silverman](#)

[53 Dogs](#)

[54 Kitchen Gadgets](#)

[55 Apologies](#)

[56 Lawyers](#)

[57 Documentaries](#)

[58 Japan](#)

[59 Natural Medicine](#)

[60 Toyota Prius](#)

[61 Bicycles](#)

[62 Knowing What's Best for Poor People](#)

[63 Expensive Sandwiches](#)

[64 Recycling](#)

[65 Coed Sports](#)

[66 Divorce](#)

[67 Standing Still at Concerts](#)

[68 Michel Gondry](#)

[69 Mos Def](#)

[70 Difficult Breakups](#)

[71 Being the Only White Person Around](#)

[72 Study Abroad](#)

[73 Gentrification](#)

[74 Oscar Parties](#)

[75 Threatening to Move to Canada](#)

[76 Bottles of Water](#)

[77 Musical Comedy](#)

[78 Multilingual Children](#)

[79 Modern Furniture](#)

[80 The Idea of Soccer](#)

[81 Graduate School](#)

[82 Hating Corporations](#)

[83 Bad Memories of High School](#)

[84 T-shirts](#)

[85 The Wire](#)

[86 Shorts](#)

[87 Outdoor Performance Clothes](#)

[88 Having Gay Friends](#)

[89 St. Patrick's Day](#)

[90 Dinner Parties](#)

[91 San Francisco](#)

[92 Music Piracy](#)

[93 Rugby](#)

[94 New Balance Shoes](#)

[95 Beards](#)

[96 Having Children in Their Late Thirties](#)

[97 Red Hair](#)

[98 Noam Chomsky](#)

[99 Non-Motorized Boating](#)

[100 The Boston Red Sox](#)

[101 Scarves](#)

[102 Cleanses](#)

[103 Self-Deprecating Humor](#)

[104 Integrity](#)

[105 Pretending to Be a Canadian When Traveling Abroad](#)

[106 The Criterion Collection](#)

[107 Natural Childbirth](#)

[108 High School English Teachers](#)

[109 Native Wisdom](#)

[110 Trying Too Hard](#)

[111 Portland, Oregon](#)

[112 Free Health Care](#)

[113 Che Guevara](#)

[114 The New Yorker](#)

[115 Non-American News Sources](#)

[116 Subtitles](#)

[117 Premium Juice](#)

[118 The ACLU](#)

[119 Plaid](#)

[120 Platonic Friendships](#)

[121 Reusable Shopping Bags](#)

[122 Acoustic Covers](#)

[123 Dave Chappelle](#)

[124 Tibet](#)

[125 Nintendo Wii](#)

[126 Conspiracies](#)

[127 The Simpsons](#)

[128 Avoiding Confrontation](#)

[129 DJs](#)

[130 Carbon Offsets](#)

[131 Following Their Dreams](#)

[132 Not Having Cash](#)

[133 Adopting Foreign Children](#)

[134 LEED Certification](#)

[135 Expensive Strollers](#)

[136 Singer-Songwriters](#)

[137 Eating Outside](#)

[138 Books](#)

[139 Music Festivals](#)

[140 Glasses](#)

[141 McSweeney's](#)

[142 Hardwood Floors](#)

[143 Bakeries](#)

[144 Modern Art Museums](#)

[145 Cheese](#)

[146 Therapy](#)

[147 Public Transportation That Is Not a Bus](#)

[148 Dive Bars](#)

[149 Self-Importance](#)

[150 Rock Climbing](#)

[*How White are You?*](#)

[*Acknowledgments*](#)

[*Photograph Acknowledgments*](#)

[*About the Author*](#)

[*Copyright*](#)

*To my mother, Jennifer
who by nature of being born
in England granted me an ethnicity*

1 Coffee

There is no doubt that white people love coffee. Yes, it's true that Asians like iced coffee and people of all races enjoy a cup. But it is a certainty that the first person at your school to drink coffee was a white person. It was obvious that they didn't enjoy it, but they did it anyway, until they liked it—like cigarettes.

As white people begin to age, a genuine taste for coffee will emerge. During this time white people will also develop a self-proclaimed "addiction." This leads to them saying things like "You do *not* want to see me before I get my morning coffee." White guys will also call anything but coffee: "rocket fuel," "java," "joe," "black gold," and so forth. It's pretty much garbage all around.



It's worth noting that where white people buy coffee is almost as important as the drink itself. For the most part, white people love Starbucks, although they will profess to hate how the chain is now a multinational corporation. This hatred is often sublimated by their relief at seeing one in an airport. The best place for white people to drink coffee is at a locally owned coffeeshop that offers many types of drinks, free Wi-Fi, and some sort of message board that is peppered with notices about rooms for rent and bands looking for bass players.

White people are given extra points for buying Fair Trade coffee, because paying the extra \$2 means they are making a difference while their peers are drinking liquid oppression.

2 Religions Their Parents Don't Belong To

White people will often say they are “spiritual” but not religious. This usually means that they will believe in any religion that doesn't involve Jesus. The most popular choices include Buddhism, Hinduism, Kabbalah, and, to a lesser extent, Scientology. A few even dip into Islam, but that's much rarer, since you have to make real sacrifices and actually go to mosque.



For the most part, white people prefer religions that produce artifacts and furniture that fit into their home or wardrobe. They are also particularly drawn to religions that do not require a lot of commitment or donations.

When a white person tells you “I'm a Buddhist/Hindu/Kabbalahist,” the best thing to do is to ask how they arrived at their religious decision. The story will likely involve a trip to Thailand or a college class on religion.

3 Film Festivals

White people can't get enough of film festivals, especially Sundance, Toronto, and Cannes. This love can be due to a number of factors.

Fact #1: 90 percent of white people have taken a film class at some point in their life.

Fact #2: White people like feeling smart without doing work—two hours in a theater is easier than ten hours with a book.

Fact #3: If white people aren't going backpacking, they generally like to travel with a specific purpose.

Fact #4: 75 percent of white people believe they either have the potential to or will become filmmakers/screenwriters/ directors at some point.



Fact #5: White people hate stuff that is “mainstream”—so they go to film festivals, where they see movies that every other person in their demographic wants to see. It's a pretty sweet way to rebel.

Fact #6: It is required by white-person law that you publicly declare foreign cinema to be better than Hollywood movies, and on par with indie film.

Fact #7: White people earn credibility by being into films from strange countries: “Oh, you liked *Sideways*? Yeah, I didn't see it, I'm really into Serbian film now. They had a great retrospective at the Vancouver Festival.”

4 Assists

When you say the word “assist,” the first thing you think about is Steve Nash and Wayne Gretzky. White people love to pass, it’s no secret.



In basketball, passing is kind of a must, so that white guys can carve out a niche and guarantee acceptance on a team. Trying to be a white guy who dunks is like trying to be a white rapper—yeah, there are a few, but you have to work twice as hard for half the results.

One explanation is that white people still feel guilty over slavery, colonialism, and the crusades, so passing is a way to make up for it. But more important, it makes them feel good to help others.

When you are a captain at a pick-up basketball game and you want to take a lot of shots, it's a good idea to pick a white guy.

5 Farmer's Markets

White people are drawn to farmer's markets like moths to a flame. In fact, white people have such strong instincts that if you release a white person into a random Saturday morning they will return to you with a reusable bag full of fruits and vegetables.

White people like farmer's markets for a number of reasons. The first is their undying need to support local economies and small businesses; the idea of buying direct from the farmer helps them assuage the fears instilled in them by reading *Fast Food Nation* (and yes, even a white person has read this book).

Some of the other reasons include: it's outside (white people love being outdoors), they can bring their dogs and children in expensive strollers, and they get to see other white people. If they are single, it's a good place to meet other single white people who share their passion for sustainability.



If you are looking for an activity you can share with your white friends, nothing will progress the relationship faster than a trip to a farmer's market.

6 Organic Food

Because of the balance of global wealth and power, there is a general assumption that white people are pretty shrewd. And for the most part, history has proven this to be true. But white people have one great weakness: organic food.



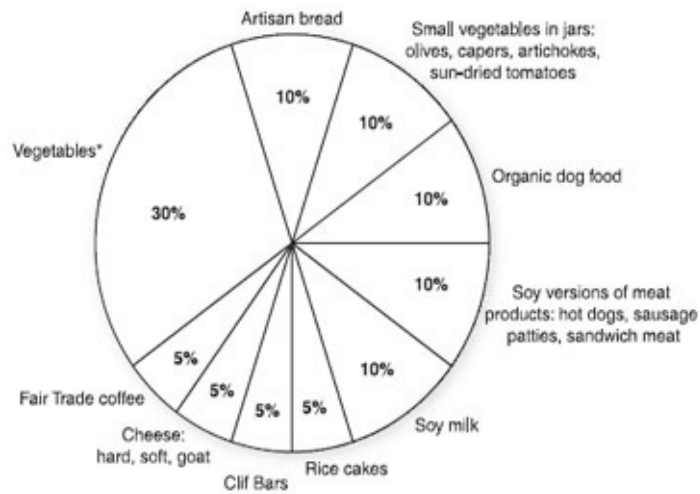
Just as with farmer's markets, white people believe that organic food is grown by farmers who wear overalls, drive tractors, and don't use pesticides. In spite of the fact that most organic food is made by major agribusiness, which just uses it as an excuse to jack up prices, white people will always lose their mind for organic anything. Never mind the fact that if the entire world were to switch to 100 percent organic food tomorrow there would be mass starvation and famine.

White people don't care about this. As long as they aren't eating pesticides, they are pretty sure they can live forever. It's almost guaranteed that if some Colombian drug lord can start offering "organic" cocaine, he'll be the richest guy ever.

What's in That Canvas Grocery Bag?



You have probably seen white people leaving the grocery store with canvas bags. If you've ever wondered what was in those bags, here is a breakdown:



* Vegetables purchased at Whole Foods or an organic food co-op are considered a poor substitute for those purchased at a farmer's market. In lieu of a farmer's market, it is also acceptable to get your vegetables from an organic food delivery service.

7 Diversity

White people love ethnic diversity, but only as it relates to restaurants.

Many white people from cities like Los Angeles, San Francisco, and New York will spend hours talking about how great it is that they can get sushi and tacos on the same street. But they will also send their kids to private school with other rich white kids so that they can avoid the “low test scores” that come with educational diversity. It’s important to note that white people do not like to be called out on this fact. It will make them feel even more guilty than they already do.



If you run an ethnic restaurant you can be guaranteed repeat business and huge tips if you act like your white customers are adventurous and cultured for eating food that isn't sandwiches or pasta. In fact, even if you do not own a restaurant, it's a good idea to congratulate white people for being adventurous eaters. It will make their year.

8 Barack Obama

White people like Barack Obama because they are afraid that if they don't they will be considered racist.



9 Making You Feel Bad for Not Going Outside

As mentioned earlier, white people love to be outside. But not everyone knows that another thing they like to do is make people feel bad for wanting to watch sports on TV or play video games. While it would be easy to get angry at white people for this, remember it is hardwired in their heads that the greatest thing people can do in their free time is hike/walk/bike outdoors.



Usually, they will see that you are preparing to enjoy your life and they will say, “Hey, let’s go for a hike in the park,” and most people will say, “Hey, thanks, but I’ve been working a long week and I’m really excited about watching this game,” and then they will respond, “Don’t be a lump on the couch, you’re wasting your life away,” etc. If you ignore them, they will eventually go away.

And, much like most things with white people, they win both ways. If you decide to go with them, they feel good about getting someone off the couch and “into the fresh air,” and if you don’t go, they can spend their entire time outdoors saying, “Boy, this is great, X doesn’t know what he/she is missing!” and running on a mix of self-satisfaction, Odwalla juice, and muesli.

10 Wes Anderson Movies

White people love Wes Anderson movies more than they love their kids. If a white guy takes a white girl to a Wes Anderson movie on their first date, and neither of them have seen it, they will immediately commence a relationship that is reflected in songs by Ryan Adams and Bright Eyes.



Wes Anderson movies have this way of being sort of funny and a little clever, so white people in the audience will laugh like crazy. Also, if they don't get the joke and other white people start laughing, they'll all join in. It's pretty much the case that if one dude with glasses laughs, the entire theater will be in stitches within 15 seconds.

If you find yourself in a situation with a white person and an awkward silence falls over you, mention any of the movies below and you will have something to talk about, and they will like you. Here are some approved comments:

The Darjeeling Limited (2007): "Owen Wilson is just fantastic. It's so great to see that he's back."

Hotel Chevalier (2007): "Can you believe Natalie Portman got kind of naked?"

The Life Aquatic with Steve Zissou (2004): "I know a lot of people said they didn't like this film but I thought it was fantastic." (Note: It is acceptable to be critical of this movie.)

The Royal Tenenbaums (2001): "This movie changed my life."

Rushmore (1998): "This is when Bill Murray really changed in my eyes. He's so fantastic in the movie, and Jason Schwartzman is a true star."

Bottle Rocket (1996): "I saw this movie in 1994."

~~Special Entry: It is always a good idea to say that you love Wes Anderson soundtracks.~~

11 Asian Girls

Ninety-five percent of white males have, at one point in their lives, experienced yellow fever. Many factors have contributed to this phenomenon, such as guilt from head taxes, internment camps, dropping the nuclear bomb, and the Vietnam War. This exchange works both ways, as Asian girls have a tendency to go for white guys. (White girls never go for Asian guys. Bruce Lee and Paul Kariya's dad are the only recorded instances in modern history.) Asian girls often do this to get back at their strict traditional fathers. There is also the option of dating black guys, but they know deep down that this would give their non-English-speaking grandmothers a heart attack.

White men love Asian women so much that they will go to extremes like stating that Sandra Oh is sexy, teaching English in Asia, playing in a coed volleyball league, or attending institutions such as UBC (dubbed University of a Billion Chinese) or UCLA (University of CaucAsians Living among Asians). Another factor that draws white guys to Asian women is that white women are jealous of them.



Take, for instance, the fact that Asian women well into their thirties and forties retain teen or college-girl looks without the help of Botox, yoga, or a trendy diet. Asian women also avoid key white-women characteristics such as having a midlife crisis, divorce, and hobbies that don't involve taking care of the children. When white guy and Asian girl marry, they produce hybrids that are aesthetically pleasing but often very annoying. This practice is also a means by which white people can catch up to the Asian peoples in the population race, as the hybrids often act white rather than Asian.

12 Nonprofit Organizations

It is a known fact that white people make up 95 percent of nonprofit organizations. They can't get enough of them.

They like working there for a number of reasons, the most important of which is that it gives them a sense of self-importance. They can then tell their friends and parents that they are part of a "helping" society, not just working to make money.



If a white person can stick around long enough, the nonprofit organization can eventually become a lucrative position. This is because nonprofits retain their top executives by paying a salary competitive with similar positions in other industries. So you can be working at a nonprofit and still make six figures, and you don't have accountability or pressure. White people can't lose!

- **[download Understanding Bitcoin: Cryptography, Engineering and Economics](#)**
- [download online Loving Him without Losing You: How to Stop Disappearing and Start Being Yourself](#)
- [download online The 52-Week Low Formula: A Contrarian Strategy that Lowers Risk, Beats the Market, and Overcomes Human Emotion](#)
- [Escana book](#)
- [read online The Moon: Resources, Future Development and Settlement \(2nd Edition\)](#)

- <http://rodrigocaporal.com/library/Understanding-Bitcoin--Cryptography--Engineering-and-Economics.pdf>
- <http://bestarthritiscare.com/library/The-Shipping-News--A-Novel--Scribner-Classics-.pdf>
- <http://cambridgebrass.com/?freebooks/The-52-Week-Low-Formula--A-Contrarian-Strategy-that-Lowers-Risk--Beats-the-Market--and-Overcomes-Human-Emoti>
- <http://ramazotti.ru/library/The-42nd-Parallel--The-USA-Trilogy--Book-1-.pdf>
- <http://aseasonedman.com/ebooks/The-Moon--Resources--Future-Development-and-Settlement--2nd-Edition-.pdf>